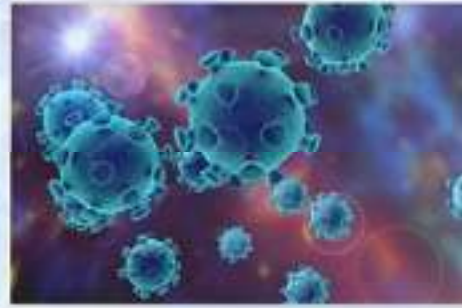


# COVID-19 Update

## Employee and Physician Information



### Memo from Occupational Health and Infection Prevention and Control March 10, 2022

**To: All Staff, Eastern Health**

**Re: Provincial Re-opening Plan March 14, 2022 – Impact on Eastern Health Staff and Physicians**

The provincial re-opening plan to lift public health restrictions comes into effect on March 14<sup>th</sup>. As we adjust to continuing to live with COVID-19 and with our continued high prevalence and widespread transmission, it is important for all staff and physicians to maintain safe practices for ourselves, our patients, and colleagues. As such, Eastern Health will continue with our current practices regarding social distancing while in break rooms, cafeterias, workspaces, elevators, etc.:

- Masks are required in all shared spaces, common areas, and elevators.
- Maintain six (6) feet or greater from others when unmasked while eating and drinking.
- Masks can only be removed in designated eating areas or when alone in an office space.
- Masks are required when working behind plexiglass with openings and interacting/working with the public.
- Staff working in cubicles may remove their masks while seated. Masks are required when visited by other staff/clients, when leaving the cubicle area, and for all staff walking through areas with cubicles.

Please note that if you are exposed to or infected with COVID-19, you may still require some form of isolation and/or testing. You should always refer to the [Close Contacts Flowchart](#) for the latest advice. If you are infected with COVID-19, make sure to [follow the guidance for positive cases](#). Notify Occupational Health if you test positive or are symptomatic and advise your manager if you are unable to work for any period of time.

The [COVID-19 Vaccine Regulations](#) requires that Eastern Health employees are to be fully vaccinated or have an approved medical exemption in order to go to work. These provincial regulations remain in place at this time.

**Tara Hunt**  
Regional Director  
Human Resources

**Carla St Croix**  
Regional Director  
Infection Prevention and Control