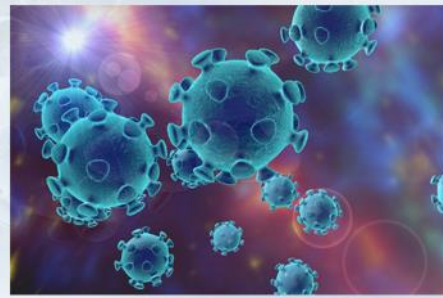


COVID-19 Update

Employee and Physician Information



Update from CEO and Emergency Operations Centre (EOC) February 4, 2022

General update

- Today's provincial public advisory indicated there are 20 people in hospital because of COVID-19, 12 in non-critical care and eight in critical care. There have been 229 new recoveries, 119 in the Eastern Health region, 41 in the Central Health region, 49 in the Western Health region, and 20 in the Labrador-Grenfell region (read more [here](#)). See pandemic hub [here](#).
- There are 225 active cases in the Western Health region.
- The province is moving to a modified Alert Level 3 on Monday, February 7 (read [more](#)). The Chief Medical Officer of Health noted that our provincial epidemiology closely mirrors what is happening within the rest of Canada. The 7 day rolling average of laboratory confirmed cases are trending downward while the number of people in hospital due to COVID severity remains stable.
- There has been no direction for modifications within Western Health related to change in alert levels. In person meetings should not be taking place at this time.
- There are 108 Western Health employees who are self-isolating for various reasons as of today.
- There are currently outbreaks on units in Western Memorial Regional Hospital, Sir Thomas Roddick Hospital and one Protective Community Residence.
- Bay St. George Long Term Care is no longer in an outbreak. We are so appreciative of all the support provided to help manage the outbreak and to continue providing safe care to residents. There was phenomenal collaboration from throughout our organization and we are sending a heartfelt thank you to everyone involved!

Operations Update

- 83.7% of the eligible population (aged 5+) of the Western Health region have received two doses of COVID-19 vaccine, and 89.3% have had at least one dose (as of February 3). These statistics include 5-11 year olds as part of the eligible population. So far 69.3% of 5-11 year olds in the Western region have had their first dose. In addition, 52.4% of all eligible individuals have received a booster dose.

Human Resources Update

- Winter is a season to activate not hibernate. Participate in the February [Winter Well NL Active Calendar](#) and enjoy the best winter!

- February is Psychology Month. Carla Penney, Developmental Psychologist, shared parenting tips for building a positive relationship with your child in a Facebook Live (view [here](#)).
- Peer Support During Difficult Times is a drop-in support group for Western Health employees. Join us online daily Monday to Friday from 3:00 to 4:00 p.m. for a safe place to talk, share information, relaxation tips, and coping strategies (join meeting [here](#)).
- If you're struggling, you are not alone.
 - [Doorways](#) provides quick access to mental health and addictions counselling services. Call the office near you – reach out, we're here to help. See video to learn more about Doorways [here](#).
 - The Employee Assistance Program (EAP) is available at 1-866-784-5306.
 - Visit [Bridgethegapp.ca](#) for more mental health information, interactive resources, and connection to local supports
- Please call the COVID-19 Navigation Staff Line (1-833-920-0096) or email COVID19@westernhealth.nl.ca with your questions or inquiries.

Please see our [COVID-19 Intranet page](#) for more information