

COVID-19 Update

Employee and Physician Information



January 28, 2022

As of January 27, across NL:

- Total number in hospital (primary diagnosis): 20
 - Total in Intensive Care (ICU): 7
- New cases: 378
 - 258 in Eastern Health
 - 48 in Central Health
 - 49 in Western Health
 - 23 in Labrador-Grenfell Health
- Total number cases: 16,493
- Active cases: 2,510*
- Recovered cases: 13,394
- Total number deaths: 38
- Total vaccine doses administered in NL: 1,146,635 (as of January 25, 2022).
- Most up-to-date data: [Provincial COVID-19 pandemic data hub](#).
*(*Excludes 6 cases that left the province and 3 deaths not attributed to COVID-19 severity).*

Provincial COVID-19 Update

- Newfoundland and Labrador remains at Alert Level 4: <https://www.gov.nl.ca/covid-19/alert-levels/alert-level-4/>.

Visitor guidelines

- Temporary visitor restrictions are currently in place at facilities and sites across the region, as per provincial guidelines.
- **All health-care facilities remain closed** for general visitation with the exception of **one support person for each resident/patient**, including inpatients in a hospital setting and residents of long-term care homes, personal care homes, community care homes and assisted living facilities.
- The general public are reminded not to visit any patients or residents during this time unless they are the designated support person for the patient/resident they are visiting.
- Please [see full details](#).

Occupational health

- Updated guidelines for work isolation for essential health-care workers were issued. [Full memo details](#).
- If you are currently only fit tested with the **3M 1860, 1860** and **ChampakF550**, you need to be refitted with another N95 mask immediately. Walk-ins available at the Health Sciences Centre and St. Clare's Mercy Hospital. [Read full details](#).

Latest Key Staff Resources (as of January 28, 2021)

- [Updated: Visitor guidelines & support person](#)
- [Updated: COVID-19 outbreak guidance for acute and long-term care facilities \(PDF\)](#)
- [Contact tracing risk assessment for patient/residents for COVID-19 \(PDF\)](#)
- [Updated: Infection prevention and control resources](#)
- [Updated: Work Isolation for essential health-care workers](#)
- [Occupational health: Frequently asked questions by staff re school reopening \(PDF\)](#)
- [Point of Care Risk Assessment Tool \(PCRA\)](#)
- [Mask compliance audit](#)

Disclaimer: This list is being provided for convenience. Please note that information is constantly changing, and it is your responsibility to ensure you are using the most up-to-date information available. A full list of resources is posted to the [Intranet COVID-19 > Resources](#).

- Questions or concerns regarding **Fit testing for a N95 respirator**: 709-777-7777 pathway 3 -3, or email: mysafety@easternhealth.ca.
- Reminder that staff & physicians must complete the COVID-19 self-assessment **daily prior to each work shift**. Pending your answers, this tool will advise if you should report to work or not.
- Please do **not to report to work with any ONE symptom**, even if you receive a negative rapid antigen test or a PCR test.

Infection prevention and control

- To align with current public health direction and emerging evidence, the Infection Prevention and Control Program has updated the [COVID-19 Outbreak Guidance for Acute and Long-Term Care Facilities \(PDF\)](#).
- [Contact tracing risk assessment for patient/residents for COVID-19 \(PDF\)](#). Questions should be directed to your program's infection control practitioner.
- All health-care workers are advised to continue using their [Point of Care Risk Assessment \(PCRA\)](#) to determine the appropriate PPE for each client/patient/resident encounter.
- Please **limit the movement** of staff, patients and visitors throughout Eastern Health facilities.
- **Mask compliance audit**: Please continue to conduct visual audits on mask compliance and complete the online survey based upon what you have observed during your workday. To view instructions and to complete the survey: <https://www.surveymonkey.com/r/maskcomplianceEH>.
- **Social distancing**: There is no such thing as a "work bubble" with colleagues; while in break rooms, cafeterias, workspaces, elevators, etc.:
 - Eat/drink while maintaining six feet or greater from others when unmasked.
 - Masks are required in all shared spaces and common areas.
 - Masks can only be removed in designated eating areas or when alone in an office space; masks are required in shared spaces and common areas.
 - Masks are also required when working behind plexiglass with openings and interacting/working with the public.
 - Staff are also reminded to please maintain social distancing while using elevators.
- **In long-term care**, staff must **eat by themselves** in designated areas and are **not permitted to have their masks off** while in the presence of others in the workplace.

COVID-19 vaccine & boosters

- Staff who are eligible for the booster are encouraged to book their appointment through the public health clinics at www.gov.nl.ca/covid-19/vaccine/gettheshot/ or visit a walk-in clinic.
- Since January 24, 2022, the Village Mall in St. John's has been operating as a **COVID-19 walk-in clinic** for first and second doses for people 12+ years and for booster doses for those 18+ years.
- The walk-in clinic in the Village mall is open Monday to Saturday, from 11:00 a.m. to 1:00 p.m. and from 2:00 p.m. to 5:00 p.m.

Important to note

- Effective January 24, 2022, the **Carbonear General Hospital EOC** is no longer operational. COVID-19 related concerns should be directed to the respective manager.
- Questions? Please call the **employee and physician navigator line: 709-752-3663**.
- **Beacon app**: Staff is encouraged to download the Beacon the app at www.easternhealth.ca/Beaconapp.

Report all potential communicable diseases to Occupational Health: 709-777-7777, line 3, line 2,
or email occhealth@easternhealth.ca.

Navigator Line: 709-752-3663 | www.easternhealth.ca/covid19 | [COVID-19 Intranet page](#) | [Facebook](#) | [Twitter](#)