

# COVID-19 Update

## Employee and Physician Information



## February 4, 2022

As of February 3, across NL:

- Total number in hospital (primary diagnosis): 20
  - Total in Intensive Care (ICU): 7
- New cases: 198
  - 108 in Eastern Health
  - 42 in Central Health
  - 41 in Western Health
  - 7 in Labrador-Grenfell Health
- Total number cases: 17,984
- Active cases: 1,720\*
- Recovered cases: 16,208
- Total number deaths: 45
- Total vaccine doses administered in NL: 1,177,864 (as of February 1, 2022).
- Most up-to-date data: [Provincial COVID-19 pandemic data hub](#).  
(\*Excludes 6 cases that left the province and 3 deaths not attributed to COVID-19 severity).

## Provincial COVID-19 Update

- Effective 12:01 a.m., Monday, February 7, the province will enter into a **modified Alert Level 3**. [Learn more](#).

## Occupational health

- If you are currently only fit tested with the **3M 1860, 1860 and ChampakF550**, you need to be refitted with another N95 mask immediately. Walk-ins available at the Health Sciences Centre and St. Clare's Mercy Hospital. [Read full details](#).
- Questions or concerns regarding **Fit testing for a N95 respirator**: 709-777-7777 pathway 3 -3, or email: [mysafety@easternhealth.ca](mailto:mysafety@easternhealth.ca).
- Reminder that staff & physicians must complete the COVID-19 self-assessment **daily prior to each work shift**. Pending your answers, this tool will advise if you should report to work or not.
- Please do **not to report to work with any ONE symptom**, even if you receive a negative rapid antigen test or a PCR test.
- As of today, Occupational Health will be operating Monday to Friday, from 8:00 a.m. to 8:00 p.m., and on weekends from 8:00 a.m. to 4:00 p.m. You can contact Occupational Health via phone at 709-777-7777, path 3-2; or via email at [occhealth@easternhealth.ca](mailto:occhealth@easternhealth.ca).

### Latest Key Staff Resources (as of February 4, 2022)

- [Updated: Family presence during visitor restrictions \(Jan. 27\)](#)
- [Updated: COVID-19 visitation guidelines: For staff \(Jan. 28\)](#)
- [Updated: Screening tool \(Jan. 28\)](#)
- [Updated: Outbreak definitions \(Jan. 31, 2022\)](#)
- [Updated: Isolation changes for Long-Term Care \(Jan. 31, 2022\)](#)
- [Updated: Admission parameter changes \(Jan. 31, 2022\)](#)
- [Mask compliance audit](#)

*Disclaimer: This list is being provided for convenience. Please note that information is constantly changing, and it is your responsibility to ensure you are using the most up-to-date information available. A full list of resources is posted to the [Intranet COVID-19 > Resources](#).*

## Infection prevention and control

- Please **limit the movement** of staff, patients and visitors throughout Eastern Health facilities.

- **Social distancing:** There is no such thing as a “work bubble” with colleagues; while in break rooms, cafeterias, workspaces, elevators, etc.:
  - Eat/drink while maintaining six feet or greater from others when unmasked.
  - Masks are required in all shared spaces and common areas.
  - Masks can only be removed in designated eating areas or when alone in an office space; masks are required in shared spaces and common areas.
  - Masks are also required when working behind plexiglass with openings and interacting/working with the public.
  - Staff are also reminded to please maintain social distancing while using elevators.
- **In long-term care**, staff must **eat by themselves** in designated areas and are **not permitted to have their masks off** while in the presence of others in the workplace.

## COVID-19 Vaccine

- Staff who are eligible for the booster are encouraged to book their appointment through the public health clinics at [www.gov.nl.ca/covid-19/vaccine/gettheshot/](http://www.gov.nl.ca/covid-19/vaccine/gettheshot/) or visit a walk-in clinic.
- Parents and caregivers of **children ages 5 to 11 to be immunized**, can book an appointment online at: [www.gov.nl.ca/covid-19/vaccine/gettheshot/](http://www.gov.nl.ca/covid-19/vaccine/gettheshot/).

## Important to note

- In a stressful environment, [civility and respect](#) are more important than ever. Remember that **small things matter**: Be kind and generous with your smiles, your ‘please’, ‘thank you’ and ‘hello,’ and saying ‘sorry’ when necessary.
- **Stay informed about the latest COVID-19 developments: Staff can access their Outlook email and the Intranet from home!** Learn how at [www.easternhealth.ca/employees-and-physicians/](http://www.easternhealth.ca/employees-and-physicians/). For questions or technical difficulties, please email the service desk at [service.desk@easternhealth.ca](mailto:service.desk@easternhealth.ca).
- Questions? Please call the **employee and physician navigator line: 709-752-3663**.
- **Beacon app:** Staff are encouraged to download the Beacon the app for work-related emergency notices at [www.easternhealth.ca/Beaconapp](http://www.easternhealth.ca/Beaconapp).

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Report all potential communicable diseases to Occupational Health: 709-777-7777, line 3, line 2,  
or email [occhealth@easternhealth.ca](mailto:occhealth@easternhealth.ca).

Navigator Line: 709-752-3663 | [www.easternhealth.ca/covid19](http://www.easternhealth.ca/covid19) | [COVID-19 Intranet page](#) | [Facebook](#) | [Twitter](#)