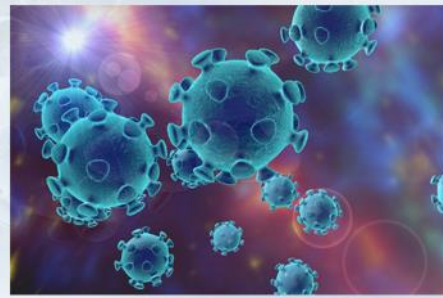


COVID-19 Update

Employee and Physician Information



Update from CEO and Emergency Operations Centre (EOC) September 9, 2021

General update

- In yesterday's provincial public advisory, there were 9 new individuals diagnosed with COVID-19:
 - 3 in the Eastern Health region
 - 2 in the Western Health region
 - 4 in the Labrador-Grenfell Health region
 - See pandemic hub [here](#).
- The total number of active cases in the Western region is 9, including a cluster of 7 confirmed cases. The identified cases are isolating, and Public Health is conducting contact tracing. The source of the cluster is under investigation.
- As part of the ongoing investigations into recent cases, Public Health is asking anyone who visited any one of several locations at specific dates and times to arrange COVID-19 testing (see [here](#)).
- While masks are not required in public indoor spaces (other than health care facilities and congregate living areas), they are still strongly recommended. This is one way you can protect yourself and others.

Operations Update

- COVID testing continues to occur in each primary health care area. Hours of operation at COVID testing sites continue to be adapted as necessary pending the demand for testing. Individuals should expect to have an appointment for a COVID test within 24 hours of request and to receive results within 24 to 48 hours after the test. In the last 7 days 1,003 tests were completed in the Western region.
- 73.6% of the eligible population of the Western Health region have received two doses of COVID-19 vaccine, and 82.4% have had at least one dose (as of September 8).
- Vaccination is encouraged for everyone 12 years of age and older. Walk-in and booked appointments are available throughout the region at public health vaccine clinics. Please book online [here](#) or call 1-833-703-5470. Vaccines are also available at participating pharmacies and physicians' offices.

Human Resources Update

- If you visited one of the places identified in a public advisory at the specific date/time of potential COVID-19 exposures, please contact Employee Health at 1833-710-0408 for guidance (see potential exposures [here](#)).

- World Suicide Prevention Day is September 10. Take a moment to reach out to someone. A genuine conversation can make all the difference and show others you care. Start a conversation asking how they're doing and listen supportively. Check-in regularly with colleagues to stay connected and support each other.
- If you are concerned about yourself or someone else, you are not alone! Visit [Doorways](#) for quick access to mental health and addictions counselling services. Call the Employee Assistance Program at 1-866-784-5306 or visit [Bridgethegapp.ca](#) to find other local supports and link to online resources. The following helplines are also available:
 - Mental Health Crisis Line, 1-888-737-4668
 - CHANNAL Peer Support Warm Line, 1-855-753-2560
 - Crisis Text Line, 'TALK' to 686868 (Text)
 - First Nations and Inuit Hope for Wellness Help Line, 1-855-242-3310
 - Domestic Violence Helpline, 1-888-709-7090 (Call or Text)
 - 2SLGBTQIA+ Warm Line, 1-866-230-8041 (Call or Text)
 - Gambling Help Line, 1-888-899-4357
 - Provincial Opioid Toll-Free Line, 1-844-752-3588
- Please feel free to call the Toll Free COVID-19 Navigation Staff Line (1-833-920-0096) or email COVID19@westernhealth.nl.ca with your questions or inquiries.

Please see our [COVID-19 Intranet page](#) for more information