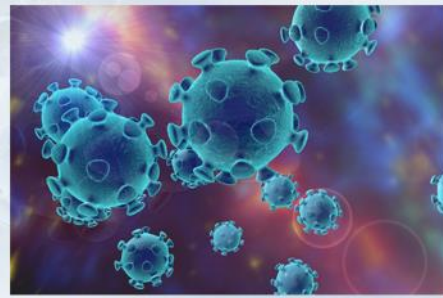


# COVID-19 Update

## Employee and Physician Information



### Update from CEO and Emergency Operations Centre (EOC) April 22, 2021

#### General update

- There were three new confirmed cases of COVID-19 in the province today: two cases in the Western Health, close contacts of a previous case and one in the Eastern Health region, related to travel within Canada. Please see pandemic hub for up to date information [here](#).
- We are appreciative of staff who have come forward to volunteer to assist in the COVID response in Ontario. We are currently reviewing the expressions of interest and our operational requirements and will soon be able to determine how we are able to support Ontario.

#### Human Resources Update

- Staff who have applied through Employee Health for COVID-19 vaccination but who have since received their vaccine through an Astra Zeneca clinic or as a member of an Indigenous group are requested to notify Employee Health by phone at 1-833-710-0408 or [covidvaccine@westernhealth.nl.ca](mailto:covidvaccine@westernhealth.nl.ca)
- This is a stressful time. Although alcohol, cannabis, or other drugs may help you relax or cope with stress, it's important to limit or avoid use to reduce long-term impacts. Check out [Substance Use During the Pandemic](#) or watch the [Alcohol Use During Covid-19](#). For more information and support, new resources are available on: [Responsible Use](#), [Withdrawal](#), [Maintaining Recovery](#) and [Supporting Others](#).
- Reach out to the Employee Assistance Program at 1-866-784-5306 or visit [bridgethegapp.ca](http://bridgethegapp.ca) to learn more ways to manage stress, find mental health information or link to supports.
- Please feel free to call the Toll Free COVID-19 Navigation Staff Line (1-833-920-0096) or email [COVID19@westernhealth.nl.ca](mailto:COVID19@westernhealth.nl.ca) with your questions or inquiries.

Please see our [COVID-19 Intranet page](#) for more information