COVID-19 Update Employee and Physician Information



Update from CEO and Emergency Operations Centre (EOC) April 13, 2021

General update

- Today, there is one new individual in the Western region who is positive for COVID-19, a close contact of a previous case. Please see pandemic hub for up to date information <u>here</u>.
- As of today, there have been no presumptive or confirmed positive cases in the ongoing asymptomatic community testing.
- Contact tracing is completed regarding a Western Heath employee who is positive for COVID-19. There are now less than 10 employees self-isolating. There have been no additional positive test results.

Operations Update

• COVID-19 vaccination appointments continue for Western Health staff. Staff that are identified in Phase 1 are being vaccinated on an ongoing basis. Vaccination appointments are also being offered to staff in Phase 2 identified as frontline health care workers who may come into direct contact with patients. Appointments are being booked this week with immunization taking place within the next two weeks.

Human Resources Update

- We encourage everyone to promote safety in their workplace by ensuring they model safe mask use while at work. Please see this **infographic** which outlines how to wear a mask safely.
- The Covid-19 pandemic poses unique challenges for health care providers, who may be feeling higher than normal stress and anxiety levels from trying to balance the challenges at work and life at home. Strategies to help you cope can be found <u>here</u>.
- If you are concerned about your or a loved one's mental health or substance use, take the first step with self-screening tools at <u>CheckItOutNL.ca</u>. If you're feeling overwhelmed, contact the Employee Assistance Program (EAP) at 1-866-784-5306.
- Please feel free to call the Toll Free COVID-19 Navigation Staff Line (1-833-920-0096) or email COVID19@westernhealth.nl.ca with your questions or inquiries.

Please see our **COVID-19 Intranet page** for more information