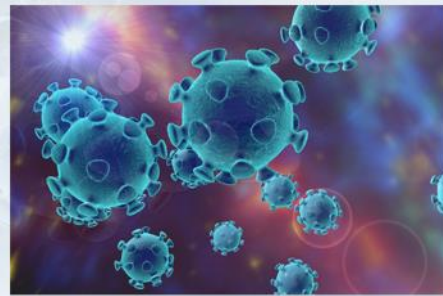


COVID-19 Update

Employee and Physician Information



Update from CEO and Emergency Operations Centre (EOC) February 24, 2021

General update

- There are 8 new COVID-19 cases confirmed in the province today, all in the Eastern Health region. Sadly, today there was one new death reported in the province. There are 345 active cases in the province. Please see pandemic hub for up to date information [here](#).

Operations Update

- Frequently asked questions and answers relating to the new PPE guidelines for increasing or widespread community prevalence can be found [here](#).

Human Resources Update

- Staff vaccination clinics are resuming this week throughout the region. Please note:
 - Some appointments are being booked by a call centre and the caller ID may display as 1-777 or unknown phone number.
 - The call centre will make calls until 9:00 p.m.
 - Your MCP is required to complete your booking.
- Fit Testing is ongoing throughout the region. If you work in a patient/client/resident care area and have not been fit tested in the past two years, please complete a request to be fit tested form (found [here](#)) and send to fittesting@westernhealth.nl.ca or call 784-5100.
- Employee Health will no longer be on call in the evenings Monday to Friday but is available from 0800 to 1600 by calling 1-833-710-0408.
- If you're feeling overwhelmed, contact the Employee Assistance Program (EAP) at 1-866-784-5306. There are also many resources available to support you to take care of your mental health see [here](#).
- As a health care worker, you may need to practice mindfulness now more than ever. The 30-Day Mindfulness Challenge is free, online and only takes 5-10 minutes a day to improve mood, performance and reduce stress! Learn more [here](#).
- Please feel free to call the Toll Free COVID-19 Navigation Staff Line (1-833-920-0096) or email COVID19@westernhealth.nl.ca with your questions or inquiries.

Please see our [COVID-19 Intranet page](#) for more information.